ABOUT OUR PROGRAM

The Purchase College Aquatics Program runs year round and offers children’s group lessons, adult lessons, and specialty programs to over 1400 participants each year.

All lessons are taught by American Red Cross Water Safety Instructors and follow the American Red Cross Learn-to-Swim guidelines. Our beautiful six lane pool and diving well is heated for your comfort.

Various discounts are offered and noted in the brochure. Most swim levels are offered during each daily session so siblings of varied ages and abilities can be in different classes during the same time period. Swimming is a great lifetime skill that will help you enjoy the aquatic environment safely as you enhance your fitness level and your quality of life.

Division of Physical Education, Recreation & Athletics
735 Anderson Hill Rd Purchase, NY 10577
Attn: Aquatics
for Information
tel: (914) 251-5939
e-mail: christine.klint@purchase.edu
www.PurchaseCollegeAthletics.com

LEVEL 1: INTRODUCTION TO WATER SKILLS
30-45 minute class (3 yrs. & up) limit 6
This class is for children to learn to put their face in the water, blow bubbles and get ready to learn to swim. There will be no parents in the water with this group.

LEVEL 2: FUNDAMENTAL AQUATIC SKILLS
45 minute class (4 years and up) limit 7
This class is for students who can have face in water for 3 seconds and are learning to float on their front and back unsupported, and tread water. This class will increase their understanding of safety skills.

LEVEL 3: STROKE DEVELOPMENT
45 minute class (pass Level 2) limit 8
Students who can float and swim unsupported for 15 feet, will learn rhythmic breathing for front crawl. Back crawl, kneeling dive, butterfly kick & additional safety skills will also be taught.

LEVEL 4: STROKE IMPROVEMENT
45 minute class (pass Level 3) limit 8
These children can swim front and back crawl for 15 yards with rhythmic breathing. The objective of this level is to develop confidence in the strokes learned and improve endurance. Students will be taught to increase their endurance by swimming greater distances. The breaststroke, elementary backstroke, butterfly, sidestroke and rotary breathing will be taught.

LEVEL 5 & 6: STROKE REFINEMENT/SKILL PROFICIENCY
45 minute class (pass Level 4) limit 8
Students should be able to swim front crawl for 25 yards, elementary backstroke and breaststroke for 15 yards. They will be instructed on skills such as breaststroke and butterfly coordination, sidestroke, and how to improve proficiency in front and back crawl.

PARENT AND CHILD & LEVEL 1–4 LESSONS
MON., WED. & FRI. FOR 2 WEEKS: $165.00

PARENT AND CHILD
(6 mos.—3 years)
MON., WED. & FRI.
9:30am - 30 minute classes
This program builds swimming readiness by emphasizing fun in the water. Children will learn bubble blowing, kicking, back floating & underwater exploration.

LEVEL 1, 2, 3 & 4
A 45 minute class teaching basic aquatic skills - limit 8
MON., WED. & FRI.
9:30am - level 1, 2, 3 & 4
See descriptions above of Levels 1, 2, and 3.
UPCOMING FALL PROGRAMS

CHILDREN’S LESSONS  FEE $165.00

Our classes for children run Wednesday at 3:45 and 4:30 as well as Saturday at 9:00, 10:00 and 11:00 or Sunday at 10:00, 11:00 or 12:00. During each six-week session, all levels are offered. Sessions begin in September and follow the college semester through early May. Sessions are six classes and you may enroll for more than one consecutive session.

PARENT AND CHILD CLASSES  FEE $165.00

6 Classes, 30 minute classes (6 mos.-4 years) limit 10
Saturday 11:00 & 11:30
Sunday 10:00 & 10:30 am
This program helps children become comfortable in and around the water. It will not enable a child to survive alone in the water or become a good swimmer but it will give them a great start.

ADULT & (TEEN) LESSONS  FEE $200.00

DATES & HOURS: Saturday at 12pm
6 Classes, 1-hour sessions. AGE: 15 and up
Adult Swim Lessons, Beginner and Intermediate are scheduled on Saturdays.
Private Adult Lessons are also available.

LIFEGUARD RE-CERTIFICATION  FEE $200.00

Must hold current Lifeguard and current CPR/AED for the Professional Rescuer certifications
Phone: 914-251-6546
Fax: 914-251-6533
E-mail: christine.klint@purchase.edu
Check our website for the latest brochure at www.purchascollegeathletics.com

2 WEEK INTENSIVES - AFTERNOON CLASS: 3:30pm or 4:30pm

Levels 1-6, classes are on Monday-Thursday - FEE $210

2 WEEK INTENSIVES: MORNING CLASS: 9:30am - FEE $165

5. August 14-August 25

LIFEGUARD COURSE: May 14th Start Date

WSI COURSE: May 15th Start Date

LIFEGUARD INSTRUCTOR COURSE: Start Date TBD

DISCOUNTS (PLEASE CHOOSE ONLY ONE):

Early Bird Discount—Payment must be received by May 13th for the summer session to be eligible for the 10% early bird discount.
Sibling Discount—First child pays full price, each additional child receives 10% off full price.
Additional sessions—You may take 10% off 2nd or 3rd session booked with your original registration for the same child.

**No discount on Specialty Programs

Policies and procedures

Refund Policy: Refunds will only be made if you withdraw before the session begins. You must submit your cancelled check to obtain a refund.

Make-up Policy: There are no scheduled make-ups, however, if there is room in your child’s level at another time, we may be able to accommodate them in another class.

Thunderstorms: During thunderstorms, water safety lessons and video demonstrations will be conducted in the classroom. We will review lessons in the pool as soon as it is safe.

Please note: A minimum of 3 participants for each class or Levels may be combined to accommodate participants. Swim caps are required and can be purchased at the pool.

SIGN UP FOR MORE THAN ONE SESSION

SUMMER 2016


Afternoon class

Morning class Level 1-4 & Parent/Child......$165
Adult classes (6 one hour classes)..............$200
Specialty classes* ($100.00 deposit)..........$100
(*balance due at first class)

Private Lessons (4)..........................$210

TOTAL FEE........................................$735

LESS DISCOUNT PAYMENT

Payment in full is required (CHECK OR CASH ONLY). Make checks payable to: PURCHASE COLLEGE, SUNY

Please mail to form to:

PURCHASE COLLEGE, SUNY
Division of Physical Education, Recreation & Athletics
735 Anderson Hill Road
Purchase, NY 10577
Attn: Chris Klint-Aquatics